

# NRVA/ H<sub>2</sub>okie Aquatics Volunteer Expectations

*Philosophy: Competitive swimming is a unique sport not only because of the life-time benefits to the individual (fitness, improved self-esteem, low injury rate), but because it takes many people (parent volunteers) to host swim competitions (meets). In no other sport can so many parents take such an active role in providing the venue to highlight the accomplishments of your child(ren). You don't have to just sit on the sidelines and watch; you can get down on the deck and participate by volunteering. "It takes a village...."*

*Swim meets are also an important source of revenue for the team and help to keep dues (fee) levels low.*

All parents are expected to step up to the plate and volunteer to make our club successful. As an incentive for folks who support team efforts to host swim meets by volunteering in various activities, the NRVA board offers a significant discount in fees. Listed below are the expectations for volunteering if you wish the discount rate. **USE the level of your most advanced swimmer in your family to determine your obligations. The following is a suggested matrix, any parent is welcome to become an elected or appointed board member, or USA official.**

**I. Parents of new swimmers to the team should:** *A session is from the beginning of the first heat of the first event, until the end of the last heat of the last event. There are usually 2-3 sessions per meet (AM, PM and finals) per day!.*

- Volunteer to work at least one session for one day at each of our team hosted meets.
- Volunteering is expected even if your child is not participating in the competition.

Possible Positions to sign-up for: **Facility set-up, Facility take-down, Security/Parking, Timer, Runner, Posting Results, Concessions, Carrying water to officials, Selling Heat Sheet and T-shirts.**

*\*ask a parent of a swimmer who had been on the team for more than one year for an explanation of these jobs, or Dawn Terpenney our volunteer coordinator at [dterpenney@hotmail.com](mailto:dterpenney@hotmail.com)*

**II. Parents of swimmers that have been on the team for 1-2 years and have swimmers in the (Stroke School, Age Group Development) Groups should:**

- Volunteer to work one session per day at each of our hosted meets.

Possible Positions to sign-up for: **Facility set-up, Facility take-down, Security/Parking, Timer, Runner, Posting Results, Concessions, Carrying water to officials, Selling Heat Sheet and T-shirts, Announcer, Awards/Ribbons, Hospitality Helper.**

**III. Parents of swimmers that have been on the team more than 2 years and have swimmers in the (Age Group Development, Juniors, Seniors) should** Volunteer to become a trained certified USA Official or Board Appointed Position.

-Possible USA Positions: **Marshall, Strokes & Turns Judge, Clerk of Course, Computer Recorder, Timing Console, Operator, Starter, Meet Referee**

-Possible Board Appointed Positions: **Concessions Head or assistant, Hospitality Head, Volunteer Coordinator, Special Events Coordinator, Fundraising Chair, Publicity Chair**

- You should **ALSO** volunteer to work at least one session per day at each of our hosted meets either as an official or worker.

**IV. Parents of swimmers that have been on the team more than 2 years and have swimmers in the (Juniors elite, Seniors and Elite ) Groups should:**

- Volunteer for a **NRVA Board elected or appointed position and serve at least one year.**

**Possible Board Positions :** President, President E, Secretary, Treasurer, Registrar, Site-Coordinator.

**Possible Board Appointed Positions:** Fundraising Chair, Publicity Chair, Special Event Coordinator, Meet Treasurer, Historian, Concession Head, Hospitality Head, Volunteer Coordinator

- You should **ALSO** Volunteer for at least one session each day of our hosted meets (as a USA Official or worker)